#### Simpson United Methodist Church

# Simpson News

February 2022 | Volume 53 | Number 2

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

Jeremiah 29:11 NIV

Why is the sky blue?
Why do cats have whiskers?
Why are so many languages in our world?

Do any of these questions sound familiar? I remember my daughter asking question after question. Out of exhaustion, I sometimes resorted to the canned response – "because." Emma Elsworthy suggests that children ask 73 questions each day. We are amazed at the curiosity of young children.

As we mature, we tend to ask fewer questions. Paul Sloane believes that adults tend to be so rushed that they fail to stop to ask questions or are afraid that they will look weak, ignorant, or unsure. In my previous career, as an environmental regulator, we often used the technique of "Three Whys." Through this process, the question of why is asked three times to get to the root of the question.

Why does Simpson exist?

To share the Japanese American culture with our community.

Why is it important to share our culture with others?

Culture brings groups of people together to be part of a long history.

Why is it important to bring people together?

To unify people in love and equality.

There are many ways to answer the question Why does Simpson exist? What are your three answers? In 2019, Simpson created a Strategic Plan to help define our priorities and guide our actions <u>SIMPSON UNITED METHODIST CHURCH (simpsonumc.com)</u>. The strategic plan defines "What" we do.

On February 27, at 11:00, the church will have our first Town Hall Meeting to review the strategic plan and our accomplishment over the last three years and confirm that what we do is still based on why we exist. We will also review the role and responsibilities of our teams.

Please plan to be part of this meeting as we gather in fellowship, food, and celebration of our past and future ministries.

Hope to see you there!

Pastor Leah

# **Simpson News and Events**

# **Annual Bowling Tournament Bento Box Fundraiser**

Please help with our annual bowling tournament bento fundraiser. We will need help on the following days:

- Fri. Feb. 11 at 1:00 PM We will need help preparing the food for cooking on Sat and Sun.
- Sat. Feb. 12 at 8:00 AM We will need help preparing the dishes, filling the containers and clean up.
- Sun. Feb. 13 at 7:00 AM We will continue the work from Saturday with the goal of being finished before worship as well as prepare Spam Musubi.

Since we didn't participate last year, we're hoping for more volunteers this year. This will be a chance to see each other again and to help fundraise for the church.

Hair nets and gloves will be provided or bring a hat. Face masks are still required inside the church building. Email Carol FitzSimons at Carol80127@gmail.com or the church to volunteer.

#### Pictures from the 2020 Fundraiser





# Join Us for Virtual Bingo



Please mark your calendars for Friday, February 25th at 6:45 for Virtual Bingo.

Please send an email to Calvin Yukihiro (yukihcal@yahoo.com) to register.

# **Church Town Hall Meeting**

On Sunday, February 27, 2022, after worship. This meeting will be in place of the monthly Ad Council Meeting and will focus on the Stragetic Plan and responsibilities of various committees and teams. Everyone is invited and welcomed to attend!



# Calling all Youth

We are excited to have the Youth Group Meeting again! Thank you, Rev. Denise for leading the youth and organizing our bowling event. Stay involved! Please see the schedule below!

Date	Activity	Location	Misc	2nd Adult
January 7 - 6:30 p.m. ?? Zoom or postpone until the 21st.	First Meeting	SUMC	Games, Food (bring dinner or a snack), plans for spring which includes possibility of Confirmation.	
January 21 - 6:30 p.m.	Bowling \$\$	TBD	Begin Collection of shampoos, etc. for Delores Project	
February 4 - 6:30 p.m.		SUMC		
February 12 - 4:00 p.m.	Bring Food and Prepare Dinner	Delores Project	Plan dinner, each person bring ingredient	
February 18 - 6:30 p.m.	Escape Room \$\$	TBD		
March 4 - 6:30 p.m.		SUMC		
March 12 - 10 a.m.	Trash Pick-up	TBD		
March 18 - 6:30 p.m.	Movies \$\$	Alamo Theater		
April 1 - 6:30 p.m.		SUMC		
April 9 - 10:00 a.m.	Build bunk beds?	Sleep In Heavenly Peace	Will have to check on the schedule of this organization	
April 15 – Cancelled		Good Friday		
May 6 - 6:30 p.m.		SUMC		
May 14 - 10:00 a.m.		Casa De Paz		
May 20 - 6:30 p.m.	Roller Skating \$\$	TBD		
June 3 - (will need 2 adults - I will have plans ready, but won't be there)			I will be in Japan.	
July ??	Summer Mission Trip \$\$			

# **Doumo Arigatou Gozaimasu**

We are grateful for the many ways people support our church with generous gifts. It is part of our tradition to publicly thank those who give special gits. Please note that as some prefer to donate anonymously, this is not a complete list of donors.

# Given by: In Memory of:

Mae Ida George Tamura Ben Ichikawa Grace Masuda

Julia Kamura Bud and Chuckie Stark

Ken and Charlotte Namba Yuichi Nishimoto

Patty and Allyson Goto Dan Goto



In celebration of Uncle Yukio Furuiye's 100th birthday by Carol Yamamoto

#### **Disinfectant Supplies**

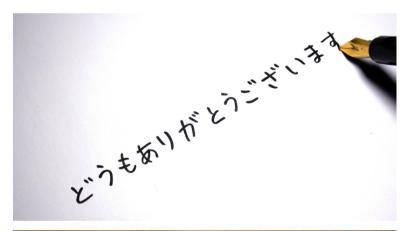
Cindy Kondo Powell Family

#### **Christmas:**

Charles Yamaguchi Mr. & Mrs. George Kawamura

# School Supplies for Early College of Colorado

Paula Matsumoto Jane Nakama





# **Simpson News and Events**

#### **COVID Blues Series**

Please join us for dinner and conversation as we learn how to reduce our individual, family and collective community stress. Starting on Feb 15th at 6 PM over Zoom, we'll gather to enjoy dinner (or dessert) and conversation for 30 minutes. Each session will begin at 6:30 PM and conclude at 8:30 PM. Session Topics include:

You will experience Mindfulness Techniques, Settling Practices for Racialized Trauma, Skills of Self Compassion & Compassionate Presence to others, Nonviolent Communication skills, and Spiritual Meditations. Session Topics include:

- Feb 15th: Create a "Risk Budget" + How to Maneuver Coming Back into the World
- Feb 22nd: Navigating Differences & Divisions with Family, Friends and Co-workers
- March 1st: Learn links between stress, reactivity & emotions, i.e. anger, depression, despair, loneliness

You can join using this Zoom link - https://us02web.zoom.us/j/86970306170? pwd=SzFwTFVmWk9WZkxJZkh5cEh0ZW5Qdz09 or by phone only: +1 720 707 2699 US (Denver) (Meeting ID: 869 7030 6170 Passcode: 793167).

The series will be led by Susan Kaplan, MSW, MPA, RYT. Susan is a Certified Nonviolent Communication Trainer, Courage & Renewal Facilitator, and Yoga Teacher. Susan teaches Mind-Body Techniques for Graduate School of Social Work and is a Coach with the Mountain Sky Conference Resiliency Project.





## **COVID-19 Vaccine Clinic**

On January 22nd, 2022, 19 people from the community stopped by Simpson to get vaccinated or boosted. Thank you to Peggy Moore for reaching out to Simpson to be a host. Thank you to our Simpson volunteers who offered a warm welcome and hospitality for vaccine recipients: Charlotte Namba; Jane Nakama; Calvin Yukihiro; Matt Shioshita; Brian Lee; Hannah, Emma, and Sarah Shigio, Madison and Danny Hamai. A special thank you to Cindy Kondo and Dennis Kitayama for organizing and coordinating everything!

# Mountain Sky Conference Panel Discussion Engaging History Past and Present - Feb 9th at 6:30 PM MST

#### Guest Panelists: Sheila Newlin, Marge Taniwaki, Jackie Tono

February 19th is recognized as The Day of Remembrance (DOR) in observance of the internment of Japanese Americans during World War II. Our panelists will be sharing their personal and their family's experiences. In addition, we will be learning about the Resisters and the 442nd Infantry Regiment. We will end our time together learning about what this history means for us today. You are invited to attend this important conversation, leading us to a deeper understanding of the DOR and its significance.

We also invite you to join clergy and laity across the Mountain Sky Conference in reading "They Called Us Enemy" by George Takei. Reading this memoir can be a meaningful engagement, preparing us for this panel conversation.

Register at the link: <a href="https://www.mtnskyumc.org/newsdetail/15815856">https://www.mtnskyumc.org/newsdetail/15815856</a>

# **Simpson News and Events**

## **Kitchen Repairs**

Preparing and sharing food is one of the primary ministries at Simpson. Over a year ago, freezing temperatures caused several pipes in the kitchen to burst. There was extensive water damage that impacted both kitchens in the basement.

Church Leaders and Trustees have been working hard to repair the damage. The floor tile has been removed and water-damaged drywall replaced. New flooring and cabinetry have been selected and ordered. The youth are beginning to wash dishes in anticipation of the new cabinets.

We are grateful for the many leaders who have helped plan this restoration project. Please offer your appreciation to Karla Cornish who is the Project Coordinator for the church.











Before the new drywall was installed, the Youth placed their mark in the kitchen for future generations to find.

Church leaders have been participating in meetings to plan and organize the project. Tiles and cabinet colors and styles were carefully selected.







# **Serving Our Neighbors**

#### Note from the ONE Team

I walked into the Blessing Box closet the other day and found the cupboards full of donated items! Thank you to all for your generous donations for our hungry neighbors. Donations are welcome any time as homelessness and hunger are always around. Thank you!

-Charlotte Namba for the ONE Team



# **Blessing Box Donations**

Below is a suggested list of items for the Blessing Box. Many of these items can be purchased at dollar stores and are the ideal size for the Blessing Box.

- Peanut butter (small jars)
- Hamburger Helper or similar
- Dry pasta
- Spaghetti Sauce
- Individual puddings, fruit cups, and Deodorant apple sauce
- Cereal and granola bars
- Canned tuna or chicken
- Vienna sasuages (little cans)

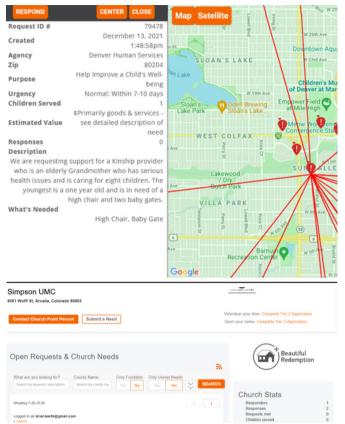
- Canned instant foods like Spaghetti O's
- Shampoo
- Toothpaste
- Tooth brushes
- Diaper Wipes
- Laundry soap (small packages)
- Dish Soap
- Hand Soap



Your donated items may be left in the church hallway or the outer office and we will be glad to place them in the storage area for distribution. Thank you so much for your help.

# **Serving Our Neighbors**

## CarePortal: Serving a Child in need



Through the Colorado Council of Churches, Simpson has joined CarePortal. CarePortal is an online platform that brings the needs of hurting children and families in our community to the attention of participating congregations. Caseworkers from county Departments of Human Services uncover and vet these needs. CarePortal makes local churches and community members aware, giving them a real-time opportunity to respond. Depending on the needs, there are variety of ways for an individual and the congregation to respond - from providing grocery gift cards to giving lightly used furniture like dressers and beds.

If you would like more information, please contact Brian Lee at simpsonintern@gmail.com. You can also visit Simpson's CarePortal page at https://www.careportal.org/church/simpson-umc/97269/ to see the needs being posted by case workers.

#### Missions - Soles4Souls

Soles4Souls is a 4-star charity that collects new and slightly used shoes. They send them to impoverished countries and locations that distribute them and start micro-enterprise programs to help people sustain themselves. We are collecting shoes to help this charity during this holiday season. There will be a donation box located inside the church. They collect any type of shoes. Please contact Carol FitzSimons at carol80127@gmail.com with any questions.



## **Grocery Rebate for Simpson**

For those of you who shop at King Soopers for your weekly groceries, please consider signing up for the Community Rewards Program. All you need to do is get a loyalty card at any King Soopers store and then enroll in their program. Please visit http://www.kingsoopers.com to set up an account. Once you have enrolled in the program, search for Simpson United Methodist Church either by name or N1444 and then click on enroll. Purchases will not count until you have registered your loyalty card. Every time you shop and use your loyalty card, Simpson will receive a percentage of your purchases, no matter how small. If you need help in enrolling, please call Charlotte Namba at 303-425-7318. Thank you for your time and participation in this program.

# **Hygiene Kits**

Once again the ONE Committee will be sponsoring a collection of hygiene articles. The United Methodist Committee on Relief (UMCOR) is a permanent committee who help in times of need for victims of natural disasters. All donations, financial and material, are used 100% for victim relief. UMCOR sponsors an ongoing project of collecting items for Hygiene Kits. The ONE Committee will have collection boxes in the foyer for donated items. Each kit will include the following:

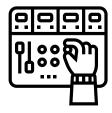
- 1. One hand towel (15 x 25 to 17 x 27 inches)
  - No kitchen, cleaning or microfiber towels.
- 2. One washcloth
- 3. One comb
  - Must be sturdy with at least 6 inches of teeth
  - No pocket combs or picks
  - Rattail and combs with handles are acceptable but must have at least 6 inches of teeth
- 4. One toenail or fingernail clipper
  - No emery boards or metal nail files
- 5. Bath-size soap (3 oz. bar or larger)
  - No Ivory or Jergen's soap
  - Do not remove from packaging
- 6. One adult toothbrush
  - Do not remove from packaging
  - Personal advertising not acceptable
- 7. 10 adhesive bandages  $(3/4 \times 3 \text{ inches})$ 
  - Common household bandages acceptable
- 8. One one-gallon size re-sealable plastic bag

#### **Important Notes**

- All items must be new
- Do not wash any of the items, as they will no longer be considered new
- Do not include any personal notes, money or additional materials in the kits
- Contents of kits or the container of kits should not be imprinted with cartoon characters, advertisements, religious, patriotic, military or camouflage symbols.

Please call the church office at 303-428-7963 if you have any questions. Thank you for your time and donations.

# **Volunteers Needed for Worship!**



As we return to in-person worship, we need your help to run things smoothly. Sign-up forms for February and March AV volunteers and Liturgists are on the credenza by the west door.

# **Community Events**

On February 19, 1942, President Franklin D. Roosevelt signed Executive Order 9066, which allowed the US military to designate "exclusion zones" to ban anyone of Japanese ancestry. As a result of EO 9066, 120,000 people of Japanese descent were incarcerated during World War II in ten concentration camps hastily built inland, including Amache in southeast Colorado, which housed 8000 people during the war.

However, at the same time, 5000 Japanese Latin Americans (JLAs) living in Central and South America were deported from their homes and imprisoned in the US, justified by the US government as a matter of national security. Their fight for recognition and justice continues to this day.



\*\* Virtual Event \*\*

Saturday, February 19, 2022 | 1:00pm - 3:30pm MST



Login | Registration

Virtual Location/URL: https://www.youtube.com/watch?v=DGeuigB7bAg Contact info: media@milehighjacl.org

Thank you to our Sponsors







The Mile High Chapter of the Japanese American Citizen League (JACL), the oldest Asian American civil rights organization, every year sponsors a Day of Remembrance event so that we won't forget the injustices that happened 80 years ago.

This year's Day of Remembrance will be held **Saturday**, **Feb. 19**, **2022**, **from 1:00pm - 3:30pm MST**. Join us for keynote speakers **Grace Shimizu**, an activist and leader in the JLA redress movement, and **Joe Ozaki**, whose family was removed from Peru to Crystal City, Texas.

If you have any accessibility concerns about the event, or require any help at all attending virtually, please reach out to media@milehighjacl.org no later than February 12th.

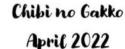
# **Asian Camp!**

Where: Camp Lodestar (6135 Blue Mountain Rd, Wilseyville, CA 95257)

**Asian Camp** for 10th-12th grade of high school students and 1st and 2nd years post-high school will be on July 24th - July 29th, 2022.

**Junior High Camp** for 6th-9th graders will be on June 26th-July 1st, 2022.

Visit https://www.njaumccamps.org/ to learn more!









Where can kids experience Japanese American food, history, games, crafts, and music and meet new friends?

Chibi No Gakko! This program provides all K-8 students the opportunity to explore Japanese American culture in a fun and interactive way! Students will learn about traditional Japanese culture through cooking, song, dance, folk tales, and art projects. They will explore their personal family history, history of the Japanese American experience.

Presented by **Sakura Foundation**, the curriculum for Chibi no Gakko is developed and taught by Colorado certified teachers.



All 5 Saturdays in April from 9am to 12noon The Hub @ Sakura Square, 1255 19th Street Tuition: \$100 per child, \$80 for each additional sibling

Registration is OPEN NOW and close on FEB 28, 2022

Visit SakuraFoundation.org for details and application

# **Scholarship Opportunities**







The Simpson UMC scholarship application will be coming out soon!

If you are a high school senior graduating in 2022, the JACGP application is due on March 25th, 2022. Be sure you have your volunteer hours and Letters of Attestation uploaded in your account. Visit https://jacgp.com/ for more information.

The general application for the scholarships from the General Board of Higher Education and Ministry (GBHEM) is due March 24th, 2022. Visit https://www.gbhem.org/loans-scholarships/scholarships/apply/ for more information.

Be sure to check the Financial Aid Office of colleges and universities to confirm their FAFSA deadlines so that you don't miss out on financial aid opportunities!



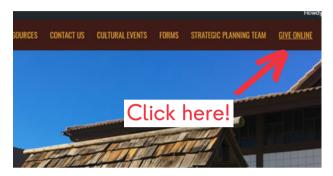
# **How to Setup Electronic Giving**

You can now give to Simpson through electronic giving:

https://secure.myvanco.com/YGQ8/home

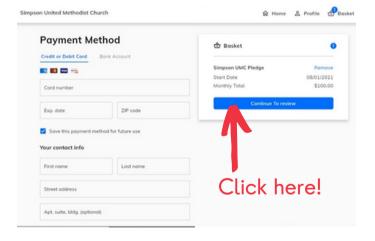
#### Step 1

Go to Simpson's website at www.simpsonumc.com and click on the "Give Online" button.



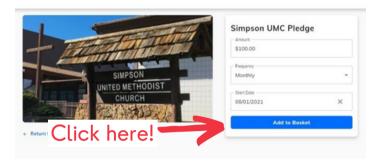
#### Step 3

Enter your payment information and click the "Continue to review" button.



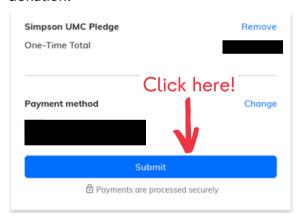
#### Step 2

Enter the amount you wish to donate, the frequency of donation (e.g. single donation, weekly, or monthly), and the date you wish to begin the donation. Then click the "Add to Basket" button.



#### Step 4

Click the "Submit" button to submit your donation. You will receive an email confirmation of your donation.



You can also learn more about our electronic giving by watching the video below:

https://player.vimeo.com/video/448666508

# FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			C C C C C C C C C C C C C C C C C C C			9:00 am – Taiko—Potluck 9:00 am – Japanese Class
		3:30 pm ECA -Gym	3:30 pm ECA-Gym	3:30 pm ECA-Gym		
6 10:00 WORSHIP SERVICE Holy Communion	nedo eojijo	8	6	10 Office Open	11 9:30 am –Bridge	12 9:00 am – Taiko 9:00 am – Japanese
	11-2	3:30 pm ECA -Gvm	3:30 am ECA Gum	11-2	Memorial Lounge All Day Preparation of	Class All Day Preparation of
	3:30 pm ECA- Gym		5.50 pill EGA—Gyill	3:30 pm ECA-Gym	bento boxes	4:00 pm Youth trip to De- loris Project
13	14	15 Covid Blues	16	17	18	19 0:00 sm _ Tailo
11:00 Trustees	lele Group in Me-	6:00 pm Dinner/		Office Open	Bridge in Memorial	9:00 am – Japanese
Preparation of Bento Boxes	Office Open	Desert 6:30 pm Workshop		7-11	200	Newsletter Articles due
	3:30 pm ECA-Gym	3:30 pm ECA –Gym	3:30 pm ECA-Gym	3:30 pm ECA-Gym		to Office today 6:30 pm Youth Escape Room Filin
20 10:00 WORSHIP SERVICE	21	22 Covid Blues	23	24	25	26 0:00 am _ Taiko
11:00 Finance	Office Closed	6:00 pm Dinner/		Office Open		9:00 am – Japanese Class
	riesidellis Day	6:30 pm Workshop	3:30 pm ECA-Gym	3:30 pm ECA-Gym	6:45 pm Virtual Bingo	
		3:30 pm ECA –Gym				
27 8:30 am S.P.RC. 10:00 WORSHIP SERVICE 11:00 am Town Hall Meeting	<b>28</b> Office Open 11-2					
	3:30 pm ECA-Gym					

Simpson United Methodist Church 6001 Wolff St Arvada, CO 80003-6833

# February 2022

Phone: 303 - 428 - 7963

Email: simpsonumc@comcast.net https://www.simpsonumc.com

